

# **HEALTH & NUTRITION SUMMIT**

# Biological Based Nutrition WOMEN'S HEALTH





#### Le Grand Chalet

We will offer the rooms to the same rate as last year CHF 350.—

Carole

Hotel Le Grand Chalet

Neueretstrasse 43, Gstaad | CH-3780 | +41 33 748 76 76 | hotel@grandchalet.ch | www.grandchalet.ch

#### Le Grand Bellevue

Rooms & Rates 20 rooms

Single occupancy: CHF 490 per room per night

+ CHF 50 for double occupancy

+ CHF 100 for a Deluxe room

Including

Overnight stay with sumptuous breakfast buffet in the morning Access to the exclusive Le Grand Spa (3000 m2) VAT, service and high speed wifi connection Other benefits Free minibar in the room with daily replenishment Organic bathroom amenities by Bamford

Use of the hotel's private cinema

Extras City tax: CHF 6.60 per person and night

Le Grand Bellevue Gstaad Untergstaadstrasse 17 3780 Gstaad, Switzerland +41 (0) 33 748 00 00 Hotel Contact: Marie Froger - LE GRAND BELLEVUE marie.froger@bellevue-gstaad.ch Head of Sales

#### **Hotel Arc-en-ciel**

Reservation name: Biogredia

- 6 Comfort double rooms for single use at CHF 330.00 / room and night https://www.arc-en-ciel.ch/en/rooms/comfort-room/
- 6 Superior double rooms at CHF 375.00 / room and night https://www.arc-en-ciel.ch/en/rooms/superior-rooms/
- 3 Deluxe double rooms at CHF 415.00 / room and night https://www.arc-en-ciel.ch/en/rooms/deluxe-suite/
- 2 Chalet Suite at CHF 470.00 / room and night https://www.arc-en-ciel.ch/en/rooms/chalet-suite/

The above offered Net-rates are for 2 guests per room and include a volume discount, the easy winter special, breakfast from the rich buffet, service and VAT. Not included are the city taxes of CHF 4.90 / adult person and night.

Single room deduction - All offered rooms can be booked also for I guest at a deduction of CHF 30.00 / room and night.

Contact the hotel directly via info@arc-en-ciel.ch / +41 33 748 43 43, quoting the reservation name "Biogredia".



### **Getting to Gstaad**

There are good rail connections from both Geneva and Zurich Airports. Unless you are arriving by car, the last part of the journey to Gstaad is by rail. If you do the journey in daylight it is very picturesque.

There are rail connections from both Geneva and Zurich Airports. Train information and tickets available at: <a href="https://www.sbb.ch.and">www.sbb.ch.and</a> you can book in advance. Use the following station names to search for your journey. Each option takes around three hours but there are usually more changes if you arrive from Zurich.

For Geneva Airport use Genève-Aéroport

For Zurich Airport use Zürich Flughafen

For Gstaad use Gstaad, Bahnhof

The Hotel you are staying at will pick you up at the railway station in Gstaad. When you know your exact time of arrival, please call the Hotel:

Le Grand Bellevue Hotel: +41 33 748 00 00 (5 minutes walking distance from the railway station)

Le Grand Chalet Hotel: +41 33 748 76 76

Hotel Arc-en-ciel: 41 33 748 43 43

#### **Dress Code and Clothing Recommendations**

Please note that filming/photography is taking place at this event for promotional and archival purposes. The photographs and recordings made are likely to appear on our website. If you would prefer not to be photographed, please let Biogredia know. For further information contact: David Webb — <a href="mailto:david.webb@barentz.com">david.webb@barentz.com</a>

The general dress code for the seminar is business casual

Please bring warm clothes (incl. boots, gloves and ski cap) for planned outdoor activity on the 24th January. Warm clothes are also advisable when travelling to and from Gstaad. Roads and pavements are likely to be slippery.

Dress code for the evening meals is smart casual.

For latest weather update in Gstaad: www.gstaad.ch

#### **Getting Around in Gstaad**

Events will happen at different venues around Gstaad. The conference venue is Le Grand Bellevue. If you are staying at a different venue, transport will be arranged for you. It is important that you advise our team of where you are staying. Evening meals and the social will take place at different venues but again transport arrangements will be made for you. All you have to do is make sure you are ready by the set time.

## See you soon in Gstaad!

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If you have any specific requirements, please make contact with one of the team.